

Personal Reflections (pg 1 of 2)

Complete the following statements. There are no “right” or “wrong answers here, it’s just what is true for you.

1. Work that brings out the best in me is ...

2. The abilities and talents that I receive the most praise or recognition for include:

3. Positive feedback that I have received from employers and co-workers include:

4. One thing I loved about my last job was ...

5. If I had to describe myself using one phrase, I would say:

6. If you asked my best friend(s), they would say I am:



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7. When I completed _____, it gave me a sense of accomplishment.

8. Although it took a lot of courage, one of my biggest life accomplishments is:

9. When I once “took the road less travelled,” I developed the following abilities:

10. If I could do anything I wanted to do, I would:

11. The biggest risk I have ever taken was:

12. They said it couldn’t be done! I proved them wrong when I accomplished the following:

